

VASANT VALLEY

TODAY

AN OPEN LETTER TO THE WOMAN THAT SAID YOUNG WOMEN IN SHORT DRESSES DESERVE TO BE RAPED

Dear 'Aunty,'

Don't tell me how to dress. What I should and should not wear is none of your business. It never was, never will be. It terrifies me that this is news to you. It disgusts me how deeply rooted your "blame the victim" ideology runs. For how much longer will we ask our daughters to change themselves? To dress more modestly, to wear less makeup, to not attract attention, to be content in living in the shadows because men can't handle a little skin? Perhaps if we spent as much energy trying to educate our sons on how to just be decent human beings this wouldn't be such a problem. What is it that you find so offensive about the right of a woman to wear whatever she likes? Is it the freedom she exercises over her own body that angers you so much? You must think that if all women cloaked themselves to your liking, rape would cease to exist, right? Wrong. Rape is never the fault of the clothes the victim was wearing, or the time of night she was out during, or even the fact that she was unaccompanied by a man. The victims of rape are not united by the length of their shorts or the tightness of their shirts; they are united by the trauma. Women in chadors are raped, and women in bikinis are raped, women are raped at dawn and in darkness, they are raped alone and accompanied. It is a frightening world we live in if a woman's clothes outrage you more than the crime itself. No amount of skin can ever justify rape. Nobody sends an invitation for rape. That's the basic foundation of the concept. It is not consensual. The only person to blame is the rapist themselves.

To tell someone they are deserving of rape and to ask others to rape them is an act too vile to put into words. You are a woman. Is it foolish of me to expect more of you? Surely you must know the battles we face every day, due to accident of birth. Surely you must have faced them yourself. Surely you must understand how many think of us as burdens, look at us as objects, hear us as dismissible voices and treat us as inferior. Women continue to climb the colossal mountain that is patriarchy to this day. It is a mountain built on boulders of misogyny, layered with the gravel of institutionalised inequality and guarded by soldiers of sexism. There are already far too many obstacles in our way, we simply cannot afford to have other women block our path. Instead, we must propel each other towards progress. Pick each other up and dust off one another when we fall. Support the sisterhood, for we are spectacular and strong together. It is the only way.

SCHOOL WATCH

Map Quest Results:

- Class 6** Ritika Panwar
Class 7 Jai Kalra and Ranvir Singh Sandhar
Class 8 Darsh Puri
Class 9 Advaita Sehgal and Priyanshu Bisht
Class 10 Prithvi Mehta
Class 11 Armaan Gandhi
Class 12 Advaya Gulati and Maahir Sachdeva

Experiment Designing Competition:

- Class 9:**
1st Shyla Upadhyay, Advaita Sehgal, Navya Prakash and Shaivya Gupta
2nd Daksayani Chandra, Samaira Tomar, Ayesha Gupta and Saskia Bansal
3rd Shivam Sharma and Aryan Sansanwal

Sanskrit Shlok Vaachan Pratiyogita

- Class 6:**
1st Amyra Puri
2nd Samarth Khosla and Inika Gour Tirath
3rd Ritika Panwar

Kavita Lekhan Pratiyogita

- Class 6:**
1st Taneya Sardar
2nd Udai Relan
3rd Ritika Panwar and Ridhima Panwar

Congratulations!

I understand that society makes it very easy to buy into its historic manifesto for oppression. It has been a centuries old global attempt to normalise injustice, to convince the world of the inherit "weak" nature of women. Teachers promote it in schools. The supposed leaders of our nations- the flag-bearers of our democracies-love to condone, and fail to condemn violent acts of rape. Our media glorifies item numbers and makes heroes out of harassers. They use their power to plant the seeds of sexism. Their platforms are made pedestals for patriarchy, and it is people that are used as pawns to uphold it. So, while I can understand why it is easy to believe this carefully spun web of lies, I think it is long overdue that you begin to question it. Your belief system has been a product of patriarchy, but now it is time to evolve. It is your responsibility to unlearn all you have been taught. Stop pushing young women to rethink their outfits, rethink your mindset first.

Discard your unsolicited opinions and layers of prejudice- they have been out of fashion for ages. Stock your wardrobe with the current trends. Accessorise them with feminism, and don't forget to wear statement pieces like equality. Purchase shoes that stomp on discrimination and climb the mountain of patriarchy. Comb out the knots caused by double standards and biases. Spray yourself with perfume that smells like the scent of progress. Carry in your purses band-aids for the women that have been hurt by the male gaze, help them heal. They will do the same for you.

I am asking you to change, it is necessary that you must. If you are a mother, I beg that you do not raise a generation with the same beliefs. Raise your daughters to be free and intelligent and strong. Raise your sons to be respectful and kind. Apologise to all the women you have judged for simply wearing what they like. Educate yourself. Do not perpetuate rape. Do not justify rape. Do not police clothing because we definitely don't need fashion advice from you. Be better, aunty.

Devaki Divan

HAS FASHION REACHED ABSURDITY?

MET Gala is an annual fundraising gala for the benefit of the Metropolitan Museum of Art's Costume Institute in New York City. Attended by celebrities all over the world, it is fondly termed as the Oscars of the Fashion World. The Met Gala has always, in a sense, been an exercise in failed seriousness: for one night each year, people come together to watch celebrities try to master high fashion; however, very often they fall short. There are moments of glory, but there are also moments of glorious or perplexing tackiness. This year's theme, "Camp: Notes on Fashion" delivered to us moments that will never be forgotten in the history of fashion.

GALA has always been a mode for marginalised people—queer people, people of colour—to reclaim the idea of taste from the dominating class; it's about infusing great meaning into the elements of culture that people choose to discard. In that sense, it is absurd for a group of wealthy—and mostly heterosexual—celebrities to attempt to embody camp by wearing thousand-dollar gowns. Nevertheless, just like every other year, the Met Gala was an event enjoyed, judged and highly anticipated by people all over the world. In the spirit of the absurdity of fashion, here are my favourites from this year's event.

ALady Gaga, and her twelve minute striptease, had everyone going gaga over her outfit. She wore a pink flowing Brandon Maxwell cape dress with a 25-foot long train which was followed by three more layers. She went from entering in a cape dress to exiting in black lingerie. But Lady Gaga wasn't the only one who nailed the camp. Rapper Cardi B was covered in a red quilted and feathered gown by Thom Browne. She too had a long trail just like Gaga's. The Indian contingent at the Gala had Deepika Padukone, Priyanka Chopra, Isha PIRAMAL and Natasha Poonawala. Deepika wore a pink structural princess gown by Zac Posen which was covered in hundreds of 3D-printed embellishments. Priyanka, on the other hand, was seen in a custom made Dior gown with a unique makeup look inspired by Alice in Wonderland. Katy Perry too experimented with some looks by wearing a chandelier and a cheeseburger on the pink carpet and at the after party respectively.

2019 In the simplest words, the Met Gala is a high end fashion event with creations that raise the bar of creative licensing to an unfathomable zenith. Each year, celebrities arrive in the most absurd and free-spirited outfits, making the Met Gala what it is today. The question of whether fashion should reach such absurd levels has an answer that is different for each individual - as for me, I'm all for it.

Daksayani Chandra, 9

THE END OF AN ERA

Movies and TV shows have been known to draw a large fan following and audience. Cliffhangers, suspense and new plot-lines have attracted several fanatics to these series. 2019 saw several major series come to an end. We said goodbye to MCU's Avengers earlier this year in Avengers Endgame; the most anticipated movie of the decade, with the characters, that so many of us have grown up with, assembling for the last time. The song of fire and ice too reached its final notes. After eight seasons in as many years, the hit show Game of Thrones finally came to an end. Another fandom that faces the end of an era is the Star Wars fandom. 2019 will see the end of the Skywalker saga in the final instalment of the Star Wars sequel trilogy; Episode IX. Other shows like Orange is the New Black, Elementary and Homeland are also scheduled to air their final episodes this year.

Amidst the grief of watching our favourite characters for the last time, is the question of what we can expect from the fandoms in the future. Marvel's Spider-Man; Far From Home has already been stirring excitement among the fans along with the expectation of the sequels of Doctor Strange and Black Panther. Fans can expect Star Wars stories too. Jon Favreau is set to direct The Mandalorian, a TV series. There are more anthology films in the works. We may even see more trilogies.

Traditionally, the finales of shows and movie series have been decided by the reaction of the audience, plot-line and determining when it is a good time to bid adieu to the big screen. Several shows also end to make way for side storylines, like Pretty Little Liars; The Perfectionists, thus, tightening the grip on the audience. Owing to the notion, 'all good things come to an end' we have learnt to accept these endings and anticipate the future endeavours of these fandoms and creators.

Katyayani Jha, 10

जादुई छतरी

जब मैं सोयी थी कल रात,
करती रही मैं किताबों से बात।

देखा मैंने एक सुंदर परी,
जिसके पास थी एक जादुई छड़ी।

जादू की थी वो सिकंदर,
सूखे जमीन को बना सकती थी सुमुंदर।

तभी एक दानव आया,
तहस-नहस उसने मचाया।

परी लगी खूब सोचने,
तभी जादुई छतरी बनाया उसने।

रंग-बिरंगी छतरी थी वह,
जादू से भरी थी वह।

जादुई छतरी ने कमाल दिखाया,
उस दानव को खूब भगाया।

तभी नींद ने मुझे घेर लिया,
लेकिन परी की शहर को जादुई छतरी ने
बचाया।

तानिया सरदार



explore Delhi

The most dreaded season of the year is here. The scorching heat is keeping everyone indoors, but don't let the heat pull you down! 'Dilwalon ki Dilli' has so much to offer to appease the explorer in you – yes, even during summers! These are the best things to do in Delhi when summers hit:

1. Don't miss the Mango Festival!

Taste more than 1100 varieties of mangoes including some rare ones. The capital city hosts an international mango festival every year to celebrate everything about the king of all tropical fruits. Delhi Haat, Pitampura has to be on your list of places to visit in Delhi for this epic festival.

2. Rajpath Segway Tours

If you are looking for something fun and modern to do in Delhi, hop onto Segway tours near Rajpath. Not only is it one of the fun things to do in Delhi in summers with family, but also a unique and better alternate to sightseeing on foot or bus.

3. Delhi 6

Old Delhi, with a wide array of things to offer from food to clothes, is a classic place to visit. From the Parathe Wali Gali to the Jama Masjid and the vibrant markets, everything from the people to the place is absolutely beautiful.



SUMMER 2019
the editorial board brings to you the
best ways to unwind this summer

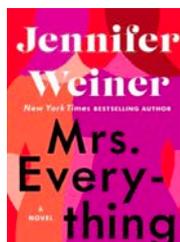
Sit back, and enjoy your summer vacations with these carefully crafted lists

While utilising your summer in the most productive manner might be important, it is equally important to just sit back and relax. Our bustling lives make it impossible for us to take a break, and get ourselves some much needed "me time." Summer is the perfect time to get a little creative sunshine into your imagination and plan something exciting and memorable.

The summer season is a time to take a break; read the book you've been wanting to read, but haven't found time to do so, binge watch movies and TV shows (accompanied by binge eating), listen to music that calms your soul and reconnect with friends, family, or perhaps even yourself. To make your life simpler, here are a few lists you must go through.

MOVIES TO LOOK OUT FOR

1. Aladdin (May 23)
2. Booksmart (May 24)
3. Rocketman (May 31)
4. Godzilla: King of the Monsters (May 31)
5. Late Night (June 7)
6. X-Men: Dark Phoenix (June 7)
7. Men in Black: International (June 14)
8. Toy Story 4 (June 20)
9. Child's Play (June 21)
10. Spider-Man: Far From Home (July 5)



ALL BOOKED INITIATIVE

We have an exciting summer program for children of classes 6 to 8 – All Booked. Read up books from the suggested reading list on the school website. Once school re-opens, fun activities will be planned for the children who read during the summer, be it trailer making or book discussions. Students who have read up will organize fun quizzes and 'just a minute' skits. Winners will be judged based on their initiative and get rewarded with book vouchers. So don't just spend your summer getting bored... get 'All Booked' and read up until you are hooked!

Library Council 2019

internships and summer programmes

It always best to utilise your summer in the most efficient and productive manner possible. There are many universities and organisations holding cheer counselling programmes and more during the summer. You must try them out!

try something NEW

Give yourself the freedom to experience something you've never done before. Go on an adventure, give back to the community with community service, redo your room, change your wardrobe or try a new sport. It's the new things you try that will make your summer memorable.

PLAYLIST FOR THE SUMMER

1. Daniel Caesar - Get You (feat. Kali Uchis)
2. Logic - Homicide (feat. Eminem)
3. Ed Sheeran & Justin Bieber - I dont care
4. Masego - Queen Tings
5. Jaden Smith - SOHO
6. Bryson Tiller - Exchange
7. Louis Futon - 68
8. Xavier Weeks - Team
9. Lil Nas X - Old Town Road
10. Khalid - Talk

MOST ANTICIPATED BOOKS

1. The Bride Test by Helen Hoang
2. Gun Island by Amitav Ghosh
3. Pride, Prejudice & Other Flavors by Sonali Dev
4. City of Girls by Elizabeth Gilbert
5. Searching for Sylvie Lee by Jean Kwok
6. Mrs Everything by Jennifer Weiner
7. The Golden Hour by Beatriz Williams
8. Disappearing Earth by Julia Philips
9. Things you Save in a Fire by Katherine Center
10. The Moment of Lift by Melinda Gates

collated by Anahita Jain, Advaita Sehgal, Tanvi Bahl and Karamvir Chopra

SUMMER

Summer is my all-time favourite season. In summer, I am free. Free from the unending, stuffy layers we wear in the winters. Free to devour yummy, flavourful ice creams. Free to splash and dive in the cool and inviting waters of the pool. Free to de-stress by laying down under the chilling air of the AC. In summers, we may have a lot of freedom but sometimes it can be at a cost too. The scorching heat can lead to painful sunburns or irritating rashes. For me, the unappetizing vegetables of this season can be a big dampener for my greedy stomach. Despite all the good and bad things of summer, there is one thing that I really like about it. It brings with it a relaxing air. It allows for time to think. To just laze around. To simply be.

Rouvin Upadhyay V- A

MY CLASSROOM

In my classroom, I have all my learning experiences and creative fun. The teacher always uses the blackboard to teach us. I wonder why everybody calls the board a 'blackboard' when it is dark green in colour! My classroom has white boards too. When there is no space on the blackboard, everyone uses them. Everyone has a locker. Some of them are orange and some light grey. There are red and white blinds that go down in summer and up in winter. Our teacher has put up adjectives on the soft board so we could use them for descriptive writing. I have used some of those adjectives. On the other board is our Information Report. There is another soft board that tells children what to read. I really love my classroom.

Namya Munjal III - C

My classroom is huge. It has tables and chairs in blue colour. There is a long desk which is used to keep big and small books. There are lockers, windows and a clock hanging on the wall. When you look out of the window we can see green flowering trees. We have fans, tube lights and a huge screen. There is a blackboard and two white boards on its either sides. There are four soft boards in our classroom. We have a soft board which is full of amazing adjectives. Our timetable is stuck on one of the soft boards. There is a CCTV camera in one corner. There is blue shelf which has interesting books to read. There are two big air purifiers. Our classroom has lots of golden hooks on which we hang our bags. I like my classroom.

Abhinav Mandal III - B

पेड़ की आत्मकथा

मैं एक आम का पेड़ हूँ | मैं अनम के घर के सामने वाले पार्क में स्थित हूँ | तीन साल पहले मेरा जन्म हुआ था | एक दिन अनम ने एक मीठा आम खाकर सबसे छुपाकर उसकी गुठली को पार्क की माटी में डाल दिया था | वह रोज एक छोटी बाल्टी में पानी भरकर पार्क में मुझे पानी पिलाने आती थी | धीरे-धीरे मेरी जड़े मज़बूत होने लगी और मेरे अंदर से छोटे-छोटे पत्ते फूटने लगे | सूरज की किरणों ने मुझे जल्दी ही बड़ा कर दिया | दो साल बाद गर्मी के दिन एक मज़ेदार बात हुई | मेरी शाखाओं पर छोटी अम्बियाँ निकल आईं | अनम बहुत खुश थी | वह माँ की तरह मेरी रक्षा करती थी और किसी को मेरे फल नहीं तोड़ने देती थी | अब मेरे आम पीले, मीठे और रसीले हो गए हैं | अनम कभी - कभी मेरे आम का मज़ा लेती है | मैं इंतज़ार कर रहा हूँ कि कब अनम एक और गुठली को उगाए और मुझे एक साथी मिले |



अनम माथुर चार - स

THE ENCHANTED WOOD



Long ago, Earth was magical, specially the Enchanted Wood! One day, a boy was going to school. His name was Jacks. He passed by a Portal, The enchanted Woods portal. He wondered what it was... without thinking Jacks peered into the portal. His school bag was so heavy that he fell in! It was beautiful in the enchanted wood! He heard a barking sound. It was a little pup! It was so cute! Suddenly Jacks remembered his school. He left the portal at once! His day was pretty magical. And don't forget that the enchanted wood still exists!

Sophie Singh III- C

MY CITY - DELHI

Delhi is the capital of the great India. It is rich in history. Delhi has been ruled by powerful kings and emperors. Delhi is full of different cultures, religions and heritage. There is a lot to learn about our wonderful Delhi. It has many breath taking and fabulous monuments. Some of these monuments date back to the 12th century. But modern Delhi is nothing like before, yet we preserved age old historical sites. Life in Delhi is now easy and simple to live. No one fighting to be the greatest ruler that ever lived! If we notice carefully the military are like the old brave powerful army of a King. The President and the Prime Minister are the great kings! Delhi is full of mouth watering spices and unique dishes to savour! Yummy! Delhi, however is becoming a stinky dump and its your choice - do you want a Dazzling Delhi or Dirty Delhi? Delhi is full of noisy traffic and unhygienic streets, no unity or teamwork.

Do you want to fix this Dirty Delhi or keep living in it? This is your city make it clean, let's try and make it the most cleanest city. Delhi has still not lost its charm. Life in Delhi is still awesome!!

Anahita Jain V - C



JHOOLA BARI

Jhoola Bari is the best place in school. It is surrounded by the school boundary from two sides. It really is a lot of fun. There are so many things to see. Big circular red, blue, green and yellow tunnels. The enormous, colourful and adventurous jungle jim too. A high and low caterpillar. The round black tyres descending from a tree. A rope to climb, a round barrel and a bouncy car. We can see the sandpit and a Splash Taal as well. There is a lovely green patch which has many trees. When I go and sit on the cozy swings- I can feel the cool breeze. I can hear birds chirping too. I hear children screaming with joy. As soon as break starts I feel happy and excited. Sometimes I tell my friends where to meet . We have so much fun that I never want to stop. Sadly some get hurt and go to sister. Sometimes there is a very long line in her room. I am glad there are two breaks, so I can play in Jhoola Bari twice! Jhoola Bari is super crowded. I play many games like catch and catch runaway. My favourites in Jhoola Bari are the tunnels and the tyres. I am very sad when the teachers announce that 'Break is Over'. I wish there was no teacher there one day so that I can play for as long as I want specially on a pleasant and bright day. I really truly love it!!

Maira Gosh IV - C

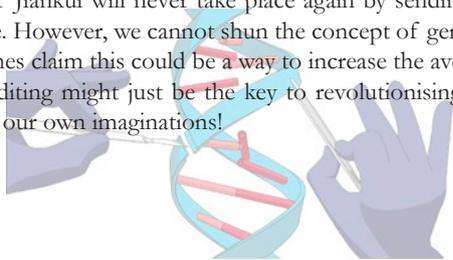
GENE EDITING - ETHICAL OR UNETHICAL?

DNA are the components that contain genes, the components that, quite literally, make us. Scientific reports claim that apart from transferring physical characters from parents to the next generation, genes also transfer emotions. Of late, techniques of gene-editing have been used to alter the DNA of babies. He Jiankui, a Chinese scientist, ignited controversy when he declared he had created the world's first genetically edited babies through CRISPR. CRISPR is a gene editing technique used to modify human embryos to prevent serious diseases and disabilities. Jiankui altered the embryonic genes of twin girls to make them resistant to HIV, a virus which causes AIDS.

When Jiankui announced that he had gene edited babies, there was an uproar in all parts of the world. There were cries that it is unethical. CRISPR requires deleting a gene called CCR5 which could enhance brain memory and lead to academic success. However, this is only true for mice, and mice are not people. "We simply don't know what the consequences will be in mucking around. We are not ready for it yet" said Dr. Silva, a neurobiologist at the University of California, Los Angeles. The fact that it hasn't been tested on human beings does not ensure safety. While it does prevent genetic disorders amongst future generations, it may result in side effects not known. Besides that, people who would be affected by germ-line gene therapy are not yet born, they can't choose whether to have the treatment. For these reasons, germ-editing has been banned in various places.

China has taken steps to halt unauthorised biochemical researches of its country by introducing a new system of fines. It has also ensured that the diabolical work of Jiankui will never take place again by sending the police to investigate the case. However, we cannot shun the concept of gene-editing completely. New researches claim this could be a way to increase the average IQ of human beings. Gene-editing might just be the key to revolutionising mankind into something beyond our own imaginations!

Shyla Upadhyay, 9



गरमी का त्योहार

कंबल में लपेटे हुए हम ठंडक में तड़पते गरमियों की प्रतीक्षा कर रहे थे, और फिर शानदार मौसम का आरम्भ-सूरज के साथ हर किसी के पसंदीदा मौसम, गरमियों की शुरुआत हुई! बूढ़े हो या बच्चे, सब सर्दियों से ठिठुरने के बाद गर्मी का आनंद लेते हैं। सड़क के हर कोने पर आइसक्रीम वाले नजर आते हैं और उनके आस-पास हमेशा भीड़ भी दिखती है। तरबूज, आम, पपीता, अंगूर और अमरूद जैसे फलों का हम मजा लेते हैं। इस समय ठंडे- ठंडे पानी में तैरना तो बेहद आनंदपूर्वक होता है। गरमियों की छुट्टियों को भी कौन भूल सकता है? सुबह जल्दी उठने से राहत मिल जाती है, और परिवार और दोस्तों के साथ समय बिताने का मौका भी मिल जाता है। अविस्मरणीय यात्राओं पर जाकर, हम नए नए पर्यटन स्थल भी देखते हैं। गरमियों का त्योहार पूरी दुनिया में सबसे ज्यादा पसंद किया जाता है, यह बस गर्मी का नहीं, यादों और ढेर सारी मस्ती का मौसम होता है। सबसे चकित करने वाली बात तो यह है कि सूरज की रोशनी संसार के साथ-साथ हमारी जिंदगी और मन को भी इतना रोशन कर देता है।

सुमाया बेरी और श्रेयसी जिंदल, 8



फ़नी चक्रवात

फ़नी चक्रवात, उड़ीसा में २७ अप्रैल से लेकर ५ मई तक चला था, भारत में फ़ेलिन चक्रवात (२०१३) के बाद सबसे विनाशकारी चक्रवात है। कम से कम ८२ लोगों की इस चक्रवात में मौत हो गई। उड़ीसा से लेकर बांग्लादेश तक फ़नी चक्रवात ने शहरों की आधुनिक संरचना और वासियों को का जीवन अस्त-व्यस्त कर दिया। चक्रवात के बाद, यह अनुमानित किया गया है कि उड़ीसा अपनी संरचना को फिर से निर्माण करने के लिए १८,००० करोड़ की जरूरत है। प्रधान मंत्री, श्री नरेन्द्र मोदी ने १००० करोड़ से ज्यादा उड़ीसा के पुनर्विकास के लिए दिया है। बांग्लादेशी सरकार ने भी अपनी प्रजा के लिए चावल, काजू, बादाम और १.९७ करोड़ बाँटा है जिससे वे अपना पालन पोषण कर सकें। सारे भारत वासी सोशल मीडिया के मंच पर अपनी संवेदना और दुआएँ भेज रहे हैं व पीड़ित परिवारों के लिए पैसे दान कर रहे हैं। हमारी सहायता उस हर विद्यार्थी के साथ है जो इस हादसे से प्रभावित है।

Arshya Gaur, 10

और उसने हार नहीं मानी

"वो खुद ही तय करते हैं मंज़िल आसमानों की, परिंदो को नहीं देता कोई तालीम उड़ानों की"

करीब २०-२५ वर्ष पूर्व की बात है जब तकनीकी विकास इतना अधिक नहीं बढ़ा था। भारत के गोवा शहर में, श्रीनिवास त्रिजपल्ली, एक मशहूर वैज्ञानिक, अपने भतीजे सत्यम के साथ घर में पुस्तक पढ़ रहे थे, की सहसा पुस्तक से एक कागज़ का टुकड़ा भूमि पर गिर पड़ा। जब श्री ने उस कागज़ पर लिखित निशानों को पढ़ने का सोचा, तो उन्हें एक वैज्ञानिक होने के कारण पता चल गया की वह पत्र भारत के सबसे सर्वश्रेष्ठ आयुर्वेद के ज्ञाता, चरक द्वारा कई वर्षों पूर्व, ब्रज भाषा में लिखा गया है।

पृष्ठ पर लिखित ब्रज के अनुसार, हिमालय के कस्तूर नमक पर्वत के अंदर ऐसे वेद हैं, जिनमें दुनिया के कई राज दफन हैं। बिना सोचे तथा समय बर्बाद किये, उन्होंने हौसलों के साथ यह सफर तय किया, तथा सत्यम और अपनी अटैची सहित चल पड़े उत्तर दिशा में। उनके पास वायुयान से जाने के पैसे तो नहीं थे, किन्तु उन्होंने हार ना मानते हुए दुपहिया स्कूटर से ही कश्मीर तक की दूरी पूरी की तथा कश्तूर पर्वत ढूँढने लगे।

पृष्ठ के मुताबिक, वह पर्वत पूरा सूखा था, किन्तु एक नीले रंग की एक कली वाला पौधा था। अचल को पहचानकर, उन्होंने उस पर चढ़ना शुरू किया, फिर ऊपर से ही अंदर उतारते गए। जब सब समस्याएँ सुलझ गयीं तथा सिर्फ वेद को ढूँढना बाकि था, तब जल ने धोका दे दिया। हार ने मानते हुए वे पूर्ण २४ घंटे ढूँढते रहे, और आखिर उन्हें ज़मीन के नीचे दफन मिल ही गया, तथा उनकी खुशी की सीमा न थी।

अब सवाल बना की वापस कैसे जाया जाये, अगर चढ़ना उतना सरल होता जैसे उतरना हो, तो भगवान को चैन कहाँ मिलता। किन्तु पुनः हार ना मानते हुए वो चट्टानों पर कदम रखते हुए बाहर आ गए।

इस घटना के पश्चात् श्री तथा उनके भतीजे को बहुत यश प्राप्त हुआ तथा उनके नाम कई अखबारों तथा पुस्तकों में छपे। सब कुछ केवल इसलिए हुआ क्योंकि उन्होंने हार नहीं मानी।

"करत करत अभ्यास के,
जडमति होत सुजान"

विवस्वत रस्तोगी, 8

WHICH GENRE OF MUSIC IS BEST FOR YOU?

With the Mark Dsouza Inter House Western Music Competition coming up very soon, you must find out which genre of music suits you most!

1. Choose your favourite english artists of the following:

- Michael Bublé
- Justin Beiber
- Michael Jackson
- Freddie Mercury

2. Which instruments do you enjoy hearing the most?

- The saxophone
- A guitar & piano or an electronic music set
- Bass, piano and trumpets
- Heavy bass, Electric guitar, drums

3. Which characteristics portray you best?

- Romantic and joyous
- I have different moods at different times.
- Passionate and pensive
- Enthusiastic and angry

4. If you were being bullied in school, what would you do about it?

- I would approach the situation with an open heart.
- I would think logically about how the bully could be stopped.
- I would analyse the root cause of this injustice and ponder over it.
- I would seek revenge and justice against the wrongdoer.

5. Which house do you belong to?

- Yellow
- Green
- Blue
- Red

If you got Mostly A's... Jazz

One of the oldest forms of music, emotions of happiness and romance are captured by the swing tempo and fuzzy feel of jazz music. Artists like Michael Bublé and Norah Jones are perfect for your musical palette.

If you got Mostly B's... Pop

The most wide ranging and famous music genre, pop music serves different moods and emotions. Ed Sheeran, Ariana Grande and many others may suit your taste in music.

If you got Mostly C's... Soul & Blues

Hip-hop and rap trace its roots back to this rich genre of music. While it is losing popularity these days, it caters to the musical preferences of many, being the heart of artists ranging from Michael Jackson to Stevie Wonder.

If you got Mostly D's... Rock

The most popular genre of music in the late 1900s, rock music has given us some of the most iconic music moments ever to be. The various forms of rock manage to convey meaning to the listener. You might want to listen to Queen, the Beatles, Linkin Park, Coldplay and so on.

Prithvi Oak, 11

CHANGING TRENDS IN...

VIDEOGAMES There has been a massive rise in the revenue of the video game industry in the past decade. In fact it is now worth over 135 billion dollars. With this massive rise in sales there has also been a lot of changes in video game trends. Earlier on, it was necessary to buy a lot of equipment which took up a lot of space but now with the rise of mobile gaming and games such as PubG and Fortnite, it is possible to game on the go. This has led to many more people being able to play everyday. Another change is the obsession with battle royale and real time multiplayer gaming. Today, most games offer extensive multiplayer modes and some games are exclusively designed for multiplayer modes only. There is also the new VR(virtual reality) system, such as the PSVR, which allows gamers to get into a fully immersive world. This system, however, is very expensive. Therefore, most people are unable to use it. With these changes and innumerable smaller ones, it is clear that the gaming industry will be transformed from its current format to a more immersive system which takes up very little space and is economically viable.

Jehan Bhandal, 9

FOOD All Hail, King Kale!

For some of us it is hard to go through a full day without day-dreaming about demolishing a pepperoni pizza or probably fantasising about swimming in a tub filled with KFC popcorn chicken. However, my dear meat-lovers, did you ever imagine a paradigm in which a vegetarian or worse, a vegan would be waving a stick of celery and put a sausage roll to shame? My friends, that unfathomable day has come where our most popular brands such as Burger King, Ben & Jerry's etc. have pulled out all the stops to make vegans the front runners in the health and culinary world.

Veganism is essentially the practice of abstaining from all animal products as a means to end cruelty against animals. It includes an absence of all poultry, fish and dairy products from ones diet and focusing on whole-plant based food. While enough debate has taken place about the pros and cons of the impact of this diet on one's bodily parameters, the one issue that continues to be prevalent in the food world is the question of whether this diet is sustainable or just another fad.

It is true that our idols ranging from Virat Kohli, Zac Efron, Beyoncé etc. all follow this vegan school of thought. However, following the diet in itself is a complete change in lifestyle as in country's such as India where the diet is still new, it is not practical to sustain on this diet, for one would have to stay at home and cook all meals to ensure that no one adds butter or ghee in their dal makhni!

So friends, like every other trend, one just has to sit back and watch the show and wait to see what the grand finale holds for us. Until then, it is either carrot sticks or chicken wings accompanying us and Netflix.

Arshya Gaur, 10

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